



**TITLE: Risk Assessment Template:** This template has been produced on behalf of the Trail Running Association as a guide for trail race organisers and COVID-19 coordinators. Note that the list of tasks and activities below is not intended to be exhaustive. Further tasks and activities may be added by the Assessor, and suggested tasks and activities in the list may be omitted from the Risk Assessment if not applicable.

|                      |                                                       |                             |                   |
|----------------------|-------------------------------------------------------|-----------------------------|-------------------|
| Assessment Ref No:   |                                                       | Assessors Name:             |                   |
| Event name:          | Ridgeway Challenge 86 Miles                           | Event date:                 | 28/29 August 2021 |
| Date of Assessment:  |                                                       | Review Date:                |                   |
| Race Director's Name | Tim Mitchell                                          | COVID-19 Coordinator's Name |                   |
| Location:            | Ivinghoe to Avebury along the Ridgeway National Trail |                             |                   |

| Risk Rating Guide                          |   |                                                                                    |   |          |   |
|--------------------------------------------|---|------------------------------------------------------------------------------------|---|----------|---|
| Severity                                   |   | Likelihood (e.g. frequency, probability)                                           |   |          |   |
| Minor Injury / Incident                    | 1 | Improbable                                                                         | 1 | Frequent | 4 |
| Serious Injury / Incident                  | 2 | Remote                                                                             | 2 | Probable | 5 |
| Major Injury / Incident                    | 3 | Occasional                                                                         | 3 |          |   |
| <b>Risk Rating = Severity x Likelihood</b> |   |                                                                                    |   |          |   |
| <b>Risk Rating Key:</b>                    |   |                                                                                    |   |          |   |
| 1-3 Low                                    |   | Acceptable                                                                         |   |          |   |
| 4-6 Medium                                 |   | Investigate and, where practical, implement additional controls to reduce the risk |   |          |   |
| 7-9 High                                   |   | Action must be taken to reduce the risk                                            |   |          |   |
| 10-15 Very High                            |   | RISK IS TOO HIGH TO START EVENT OR CONTINUE                                        |   |          |   |



| Index No:                                               | Description of the task / activity                           | Identify the Hazard and Reasonably Foreseeable Worst Case Injury (RFWCI) or other adverse consequences                                                                                                  | Identify who is at risk, numbers at risk, and patterns of exposure                                                                                                                                                                                                                               | Details of controls that are to be implemented and factors affecting the likelihood of an accident occurring                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Risk rating considering the controls to be implemented |          |          |
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|                                                         |                                                              |                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | S                                                      | L        | R        |
| <b>Section A – Risks that are not COVID-19 specific</b> |                                                              |                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                        |          |          |
| A1                                                      | Travelling to and from the event and travel during the event | Road traffic or other accident<br><br><i>RFWCI = Damage to vehicles, Injury to driver and passengers</i>                                                                                                | Runners, officials, supporters, other helpers, third parties<br>150 runners<br>100 will arrive by car<br>50 will arrive by train being taken to the registration point by minibus                                                                                                                | No additional risks over and above that of normal road usage.<br>Support crews will be reminded the event is on bank holiday weekend and to allow for delays caused by additional traffic.<br>Signed car park at the registration point                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | <b>3</b>                                               | <b>1</b> | <b>3</b> |
| A2                                                      | Running/traversing the route.                                | Runners straying from the route/getting lost.<br><br>Spectators getting lost.<br><br><i>RFWCI = Distress</i>                                                                                            | Runners are tracked and monitored by Raynet. The route is signposted throughout.<br>Spectators and support crews have access to maps on the Ridgeway Challenge website and checkpoint information including where they can park.<br>150 runners, 30 support crews.<br>Risk throughout the event. | Runners occasionally leave the route although non have become lost. The route throughout is sign posted. Runners usually retrace their steps to re-join the route.<br>Raynet monitor runner locations and alert the race director if they are way off course or approaching major roads or watercourse. During the hours of darkness there is a slightly high risk of exposure for lost runners. Raynet alert the race director much sooner during these hours bringing the runner back on course.<br>Runners can call staff for assistance.<br>Checkpoints are on or near roads that are easily navigated to by road. The event does not offer directions on the day other than website interactive maps. | <b>1</b>                                               | <b>2</b> | <b>2</b> |
| A3                                                      | Participation in the run                                     | Due to the nature of the event, runners may sustain any number of common injuries associated with this type of activity.<br><br><i>RFWCI = Sprains, strains, pulled muscles, dehydration, exposure.</i> | First half 150 runners<br>Second half 120 runners<br>Risk throughout the event.                                                                                                                                                                                                                  | Runners have access to first aid at the registration point, checkpoints along the route and halfway. First aid and a paramedic are available at the finish. The mandatory kit list states a warm top must be carried throughout the event. This is to be worn if the runner retires and awaiting collection, if the runner takes longer to reach checkpoints and begins to walk, have a dry top to wear should it rain and waiting collection from support crews should they retire.                                                                                                                                                                                                                       | <b>1</b>                                               | <b>3</b> | <b>3</b> |



| Index No: | Description of the task / activity                  | Identify the Hazard and Reasonably Foreseeable Worst Case Injury (RFWCI) or other adverse consequences                                                                                                                                    | Identify who is at risk, numbers at risk, and patterns of exposure                       | Details of controls that are to be implemented and factors affecting the likelihood of an accident occurring                                                                                                                                                                                                                                                                                                                                                                                                                                                                | Risk rating considering the controls to be implemented |          |          |
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|           |                                                     |                                                                                                                                                                                                                                           |                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | S                                                      | L        | R        |
|           |                                                     | <i>Plus: Aggravation of a predisposed medical condition e.g. Asthma</i>                                                                                                                                                                   |                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                                                        |          |          |
| A4        | Runner Tracking                                     | <p>Runner injured or lost on route.</p> <p><i>RFWCI = Distress to runner and /or runner's friends/family.</i></p>                                                                                                                         | <p>150 runners first half<br/>120 runners second half<br/>Risk throughout the event.</p> | <p>Runners carry a tracker. Runner locations can be seen real time. Runners can also see their location online. Friends and family can see their runner's location real time. Should a tracker remain stationary the runner will be contacted by phone to establish why they are not moving. 4x4 ambulance is located at Avebury, the finish, able to reach runners on the course during later stages when most injuries have occurred historically.</p>                                                                                                                    | <b>1</b>                                               | <b>2</b> | <b>2</b> |
| A5        | Interaction with vehicular and or spectator traffic | <p>Runners being struck by or running into vehicles or other persons not participating in the event e.g. spectators.</p> <p><i>RFWCI = Broken limb</i></p>                                                                                | <p>150 runners first half<br/>120 runners second half<br/>Risk throughout the event.</p> | <p>There are road crossings and some road sections of the Ridgeway. All crossings are part of the Ridgeway National Trail proper apart from a diversion through Ogbourne St George. This diversion is to avoid a major road crossing on the A346. The diversion is used by other Ridgeway events. It is mandatory that runners wear some reflective clothing during when leaving CP8 at Fox Hill. This will be during the hours of darkness. The course is wide enough throughout for cyclists, riders on horseback, motorcycles, 4x4s and runners to pass one-another.</p> | <b>3</b>                                               | <b>1</b> | <b>3</b> |
| A6        | Injuries and Illness                                | <p>Untreated injuries and or illness due to inadequate medical provision available to the event.</p> <p><i>RFWCI = Increased severity of injuries or deterioration of condition due to immediate medical care not being available</i></p> | <p>150 runners first half<br/>120 runners second half<br/>Risk throughout the event.</p> | <p>The event has both mobile first aid, static first aid and mobile paramedic. Runners may find that they must wait for assistance as it is unlikely they will have an injury immediately afront a first aider.</p>                                                                                                                                                                                                                                                                                                                                                         | <b>1</b>                                               | <b>2</b> | <b>2</b> |



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|           |                                        | <i>whilst awaiting arrival of first aiders or emergency ambulance</i>                                                                                                                                                                                                                                                                                      |                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                      |                                                        |          |          |
| A7        | Trails/footpaths and ground conditions | <p>Slips trips, falls, and uneven / changing ground conditions.</p> <p>Slippery ground conditions due to wet/adverse weather conditions.</p> <p>Accidents when traversing gates and stiles.</p> <p><i>RFWCI = Fall resulting in bruising/broken limb</i></p>                                                                                               | <p>150 runners first half<br/>120 runners second half<br/>Risk throughout the event.</p> | <p>The Ridgeway is a well-established trail. Some sections are worn exposing compressed chalk that becomes slippery after rainfall or crop irrigation. Runners are warned of such hazards before the event. Runners are requested to wear appropriate shoes and to run at a pace suitable to the conditions underfoot. There are no stiles, just gates that are well maintained.</p> | <b>1</b>                                               | <b>3</b> | <b>3</b> |
| A8        | Adverse weather conditions             | <p>Thermal discomfort due to extremes of temperature and/or wet weather.</p> <p><i>RFWCI = Hyperthermia/hypothermia/ heat stroke</i></p> <p>Secondary effects from adverse weather including: mud, heavy rain, strong winds, thunder and lightning, fog etc may result in the need to dynamically assess the controls laid out within this assessment.</p> | <p>120 runners second half<br/>Risk throughout the night section</p>                     | <p>Runners are to carry a piece of warm clothing throughout the second half. Night section checkpoints have a gazebo to shelter runners from inclement weather. All night checkpoints are easily accessible by road aiding recovery by minibus or ambulance. CP8 has an open fire to warm runners whilst awaiting collection. All night checkpoints provide hot drinks.</p>          | <b>1</b>                                               | <b>2</b> | <b>2</b> |
| A9        | Contact with animals                   | <p>Interaction between runners and animals e.g. cattle, sheep, dogs.</p>                                                                                                                                                                                                                                                                                   | <p>150 runners first half<br/>120 runners second half<br/>Risk throughout the event.</p> | <p>It is inevitable that runners will encounter dog walkers, cows and sheep due to the nature of the trail. Cows pose the highest</p>                                                                                                                                                                                                                                                | <b>1</b>                                               | <b>1</b> | <b>1</b> |



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|           |                                      | <i>RFWCI = Bite or blunt trauma (kick, head butt etc) cuts and bruises, broken limb.</i>                                                                                                                                                                      |                                                                             | risk. Runners are told to walk around cows or find an alternative route.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                        |   |   |
| A10       | Natural occurring hazards, trees etc | Slip, trip, fall, or other injury caused by contact with the hazard.<br><br><i>RFWCI = Cuts and bruises, broken limb, eye injury.</i>                                                                                                                         | 150 runners first half<br>120 runners second half<br>Greater risks on night | The Ridgeway passes through woods in both halves of the event. Passing through woods at night increases the chance of trip hazards and eye injury. Runners must wear a headtorch and carry additional batteries to ensure they can see their way. A second torch is to be carried so they can see to change batteries in the other.<br>The course is well maintained by National Trails. National Trails informs the race director of known recent treefalls and deterioration of the course a few days in advance of the event. The race director relays this information to runners on the day. | 1                                                      | 3 | 3 |
| A11       | Water hazards                        | Where routes follow or cross waterways, lakes, the seaside, and so on, hazards associated with contact with water, including drowning, exposure, and water-borne diseases e.g. Leptospirosis (Weil's Disease)<br><br><i>RFWCI = Contracting Leptospirosis</i> | All runners                                                                 | The course does not pass through any waterways. There is one section that passes along the River Thames on the path. Runners do not meet with water. The Thames Path is a well-worn path with no narrow sections that would push runners towards water.                                                                                                                                                                                                                                                                                                                                           | 1                                                      | 1 | 1 |
| A12       | Collisions between runners           | Collision between runners during the start of the race.                                                                                                                                                                                                       | All runners                                                                 | Runners will start in groups of just six to ten every ten minutes. Runners pass through a wide trail immediately after starting. Runners become spaced out over the first                                                                                                                                                                                                                                                                                                                                                                                                                         | 1                                                      | 1 | 1 |



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|           |                                                                                                                         | Collision between runners during the running of the race<br><br><i>RFWCI = Fall resulting in bruising/broken limb</i> |                                                                               | few miles. The course is sufficiently wide enough for the first few miles for many more runners (usually around 90)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                                                        |          |          |
| A13       | Setting up feeding stations, first aid stations, start and finish equipment, support tents. etc.                        | <i>Manual Handling injuries</i><br><br><i>RFWCI = Sprain/Strain</i>                                                   | Approx 4 to 10 staff per checkpoint. There are 9 checkpoints plus the finish. | All checkpoints use purpose made equipment predominately for camping use. Fold out tables and pop-up gazebos are the norm. Each checkpoint has at least three staff there will always be enough staff to lift and carry checkpoint equipment. All checkpoint staff know the locations of the first aid staff.<br>Both checkpoint 5 and the finish will provide hot food. All the equipment is purpose built for cooking (no b-b-q). Staff will have time to familiarise themselves with the equipment. Staff are requested not to use equipment they are unsure about.<br>Checkpoint 8 at Fox Hill has an open fire in a purpose built firepit. The fire pit is contained within a steel frame around nine inches off the ground. No damage to the ground is occurred. The fire will be lit using fire lighting gel. All fuel will be for use on fires (no building rubbish etc). A single person will be responsible for the ignition of the fire and the dousing at the end of the event. The fire is there only for heat, light and ambiance and does not form a part of the attraction of the event. The fire is close to the checkpoint but away from the gazebo and cars. | <b>1</b>                                               | <b>2</b> | <b>2</b> |
| A14       | Officiating for the event e.g. stewarding the course, helping at feeding stations, setting up course markers, and so on | All hazards as mentioned above plus conflict between stewards and runners and or                                      | Approx 4 to 10 staff per checkpoint. There are 9 checkpoints plus the finish. | Checkpoint one at Wendover is the only checkpoint near an open road. Checkpoint one has Caution Runners signs on the approach, is clearly visible to road users and is off the country road on a grass area.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | <b>1</b>                                               | <b>2</b> | <b>2</b> |



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|           |                                    |                                                                                                                                                                                           |                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | S                                                      | L | R |
|           |                                    | spectators/members of the public<br><br><i>RFWCI = Physical assault resulting in injured party requiring medical treatment and removal from duty.</i>                                     |                                                                                                                                        | All road crossings near checkpoints have Caution Runners signs placed out by the checkpoint staff.<br>Checkpoint staff are reminded that they are staffing the checkpoints under the Race Director's instruction. Should any altercation occur between runners or spectators they are to contact the Race Director and seek for the situation to be resolved this way.<br>All checkpoints have two or more members of staff so no single staff members will be alone if dealing with aggressive behaviour. Each checkpoint will be in contact with the Race Director by mobile telephone and Raynet. Should a member of the checkpoint staff need to be taken to a first aider or hospital a van driver can be appointed to a checkpoint or a Raynet member of staff can be called upon to assist in the short term.<br>Both halfway and the finish will have in-situ first aid. |                                                        |   |   |
| A15       | Car Parking                        | Car parking areas at race HQ, the start and finish, , including entries and exits, and at control points along the route<br><br><i>RFWCI = Damage to vehicles, Injury to pedestrians.</i> | Around 50 cars will arrive at the start over a two-hour window.<br>Around 75 cars will arrive at the finish over a twelve-hour window. | Start: there is parking for over 100 cars at any one time at Ashridge. Runners take a short walk to the start. Spectators stay until their runner has started then leave.<br>Finish: there is ample parking at Avebury Sports Ground. There is a short walk to the finish.<br>In summary this is ample parking at both the start and finish, both well signposted. Runners are reminded to tell their support crews to understand their instructions posted on the <a href="http://ridgewaychallenge.com">ridgewaychallenge.com</a> website. Most checkpoints allow car parking. Signs showing No R86 Parking are out on the roads where not allowed.                                                                                                                                                                                                                            |                                                        |   |   |



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|                                                     |                                                              |                                                                                                                                               |                                                                                                                                                                                                                                                                                     | This helps control traffic and show residents that parking is being controlled. Where cars park on the road there is immediate access to a footpath directly to the checkpoint.                                                                                                                                                                                                 |                                                        |   |   |
| A16                                                 | Lost children                                                | Children attending the event reported lost or found.<br><br><i>RFWCI = Distress, Abduction.</i>                                               | There are no specific attractions for children e.g. a fun run. The number of young people at a checkpoint will sum to just a few from the start to checkpoint 9. Young people are more numerous at the finish when spectating to see a runner over the finish line – around fifteen | Support crews are instructed, on the <a href="http://ridgewaychallenge.com">ridgewaychallenge.com</a> website, that they are to keep their children always close to them.<br><br>The finish, where most children will congregate, is at the Social Club in Avebury. With the finish line being immediately outside the Social Club families tend to congregate in a small area. | 1                                                      | 1 | 1 |
| A17                                                 | Photographers.                                               | Photographers attempting to capture actions shots near roads or in way of runners.<br><br><i>RFWCI = Injury to photographer, pedestrians.</i> | The event encourages will have two amateur photographers throughout the event.                                                                                                                                                                                                      | Photographers are provided with a yellow hi-vis waistcoat to differentiate them from members of the public and make them more visible when close to runners and near obstacles and perhaps roads. Photographers are instructed not to take any risks nor encourage runners to take risks to obtain an 'action shot'.                                                            | 1                                                      | 2 | 1 |
|                                                     |                                                              |                                                                                                                                               |                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                 |                                                        |   |   |
|                                                     |                                                              |                                                                                                                                               |                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                 |                                                        |   |   |
| <b>Section B – Risks that are COVID-19 specific</b> |                                                              |                                                                                                                                               |                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                 |                                                        |   |   |
| B1                                                  | Travelling to and from the event and travel during the event | Travelling to, from, or during the event in the same car as someone who is in a different household<br><br><i>RFWCI = contract COVID-19.</i>  | Runners, officials, supporters, other helpers, third parties                                                                                                                                                                                                                        | Driver and passengers no longer need to exercise restrictions.<br>All runners and spectators must always have a face mask with them worn when in contact with anyone outside their immediate family and friends.                                                                                                                                                                | 1                                                      | 2 | 2 |



| Index No: | Description of the task / activity              | Identify the Hazard and Reasonably Foreseeable Worse Case Injury (RFWCI) or other adverse consequences                                                                                                                                                                                                                                                          | Identify who is at risk, numbers at risk, and patterns of exposure | Details of controls that are to be implemented and factors affecting the likelihood of an accident occurring                                                                                                                                                                                                                                                                                                                                                                                                  | Risk rating considering the controls to be implemented |   |   |
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|           |                                                 |                                                                                                                                                                                                                                                                                                                                                                 |                                                                    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | S                                                      | L | R |
| B2        | Attendance at the event                         | <p>COVID-19 infection because of attendance at the event by anyone showing signs of ill-health or COVID-19, or who has been unwell in the previous 14 days.</p> <p>COVID-19 infection because of attendance by anyone self-isolation on Test and Trace advice or because suspected contact with an infected person.</p> <p><i>RFWCI = contract COVID-19</i></p> | Runners, officials, supporters, other helpers, third parties       | <p>Information about health screening requirements to be communicated to competitors in advance of the event. Runners and support crews will be instructed NOT to attend the event if they have tested positive for Covid or have signs of Covid.</p> <p>NHS Track and Trace QR codes will be in a prominent position at both the start and finish.</p> <p>All runners and spectators must always have a face mask with them worn when in contact with anyone outside their immediate family and friends.</p> | 1                                                      | 2 | 2 |
| B3        | Test and Trace requirements                     | <p>Inadequate contact details for a runner, official, volunteer, supporter etc., when, in the event of an attendee falling ill, such contact details are required by NHS Test and Trace</p> <p><i>RFWCI = COVID-19 contracted from someone who could not be traced</i></p>                                                                                      |                                                                    | <p>NHS Track and Trace QR codes will be in a prominent position at both the start and finish.</p> <p>Name, address and phone number of each entrant is captured in advance of the event. All runners and spectators must always have a face mask with them worn when in contact with anyone outside their immediate family and friends.</p>                                                                                                                                                                   | 1                                                      | 2 | 2 |
| B4        | Registration – picking up race pack & enquiries | <p>Close contact with other runners, supporters, and other helpers</p> <p><i>RFWCI = contract COVID-19.</i></p>                                                                                                                                                                                                                                                 | All runners and staff                                              | <p>Runners will be penned-in in groups of 6 to ten in a large open, pre-marked, area prior to starting. There is no need for runners to come in close contact with any other runner.</p> <p>When collecting their number and timing chip they will be called forward one at a time collecting their chip from a table away from staff.</p>                                                                                                                                                                    | 1                                                      | 2 | 2 |



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|           |                                     |                                                                                                        |                                                                    |                                                                                                                                                                                                                                                                                               | S                                                      | L | R |
|           |                                     |                                                                                                        |                                                                    | Raynet will be located away from the start area sufficiently to avoid contact with all runners and spectators. All runners and spectators must always have a face mask with them worn when in contact with anyone outside their immediate family and friends.                                 |                                                        |   |   |
| B5        | Baggage Drop and baggage Collection | Close contact with other runners and volunteers<br><br><i>RFWCI = contract COVID-19.</i>               | All runners, approx. 80, with drop bags                            | Drop bags are placed on a 15ft square tarpaulin away from the start. There is no need to meet anyone when placing their bag out for transport. All runners and spectators must always have a face mask with them worn when in contact with anyone outside their immediate family and friends. | 1                                                      | 2 | 2 |



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|           |                                    |                                                                                                                                                                                                                  |                                                                    |                                                                                                                                                                                                                                                                                                                                                      | S                                                      | L | R |
| B6        | Pre-race waiting time              | <p>Close contact with other runners, supporters, officials, and volunteers</p> <p><i>RFWCI = contract COVID-19</i></p>                                                                                           | Runners, volunteers, supporters, spectators                        | <p>All spectators are kept away from the start. Runners are dropped off with just half an hour before they start. Support crews leave once their runner has started along the course.</p> <p>All runners and spectators must always have a face mask with them worn when in contact with anyone outside their immediate family and friends.</p>      | 1                                                      | 2 | 2 |
| B7        | Using the toilets                  | <p>Close contact with other runners, supporters, officials, and volunteers</p> <p>Contact with surfaces used by other runners, supporters, officials, and volunteers</p> <p><i>RFWCI = contract COVID-19</i></p> | 80 spectators and 145 runners over three hours                     | <p>Hand gel inside and outside the toilets. All runners and spectators must always have a face mask with them worn when in contact with anyone outside their immediate family and friends.</p> <p>All runners and spectators must always have a face mask with them worn when in contact with anyone outside their immediate family and friends.</p> | 1                                                      | 2 | 2 |
| B8        | Start Area                         | <p>Close contact with other runners, officials, and volunteers</p> <p><i>RFWCI = contract COVID-19</i></p>                                                                                                       | 145 runners over two hours                                         | <p>Runners will be penned-in in groups of 6 to ten in a large open, pre-marked, area prior to starting. There is no need for runners to come in close contact with any other runner.</p> <p>When collecting their number and timing chip they will be called forward one at a time collecting their chip from a table away from staff.</p>           | 1                                                      | 2 | 2 |



| Index No: | Description of the task / activity         | Identify the Hazard and Reasonably Foreseeable Worst Case Injury (RFWCI) or other adverse consequences                                                                                                                                                          | Identify who is at risk, numbers at risk, and patterns of exposure | Details of controls that are to be implemented and factors affecting the likelihood of an accident occurring                                                                                                                                                                                                                                                                                                                                        | Risk rating considering the controls to be implemented |   |   |
|-----------|--------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------|---|---|
|           |                                            |                                                                                                                                                                                                                                                                 |                                                                    |                                                                                                                                                                                                                                                                                                                                                                                                                                                     | S                                                      | L | R |
|           |                                            |                                                                                                                                                                                                                                                                 |                                                                    | All runners and spectators must always have a face mask with them worn when in contact with anyone outside their immediate family and friends.                                                                                                                                                                                                                                                                                                      |                                                        |   |   |
| B9        | Ensuring social distancing along the route | Close contact with other runners, officials, volunteers, and members of the public<br><br><i>RFWCI = contract COVID-19</i>                                                                                                                                      | 145 runners over two hours over 12 to 28 hours                     | The course is sufficiently wide enough to allow runners to be spaced out well over 2m at all points. Gates will need to be passed through one at a time. All runners and spectators must always have a face mask with them worn when in contact with anyone outside their immediate family and friends.                                                                                                                                             | 1                                                      | 2 | 2 |
| B10       | Attending feed stations                    | Close contact with other runners, officials, and volunteers.<br><br>Contact with surfaces used by other runners, officials, and volunteers.<br><br>Contact with food and drink handled by volunteers and other runners.<br><br><i>RFWCI = contract COVID-19</i> | 145 runners over 12 to 28 hours                                    | Cleaning products will be anti-bacterial. Runners will have access to either side of serving tables allowing four to six to have access to food without need to reach over each other. Food stuffs will be pre-wrapped and in individual portions. Hand sanitiser will be on each table and outside. All runners and spectators must always have a face mask with them worn when in contact with anyone outside their immediate family and friends. | 1                                                      | 2 | 2 |
| B12       | Finish area                                | Contact with other runners, officials, and volunteers.<br><br>Contact with surfaces used by other runners, officials, and volunteers.<br><br>Contact with food and drink handled by other                                                                       | 50 spectators, 145 runners over 12 to 28 hours                     | Runners arrive in ones and twos moving away from the finish area immediately after arriving. The offering at the finish will be reduced from the usual sleep/feed/leave to more a holding area whilst runners are collected. Runners are already fully aware that minibuses will not leave for Swindon train station until 08:00 on Sunday morning. Runners finishing before then should really                                                     | 1                                                      | 2 | 2 |



| Index No: | Description of the task / activity | Identify the Hazard and Reasonably Foreseeable Worst Case Injury (RFWCI) or other adverse consequences                                                                    | Identify who is at risk, numbers at risk, and patterns of exposure | Details of controls that are to be implemented and factors affecting the likelihood of an accident occurring                                                                                                                                                                                                                                                                                                 | Risk rating considering the controls to be implemented |   |   |
|-----------|------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------|---|---|
|           |                                    |                                                                                                                                                                           |                                                                    |                                                                                                                                                                                                                                                                                                                                                                                                              | S                                                      | L | R |
|           |                                    | runners, officials, and volunteers.<br><br><i>RFWCI = contract COVID-19</i>                                                                                               |                                                                    | be collected to avoid overcrowding at the finish.<br>Facemasks are not compulsory although we will ask for them to be worn when going to the kitchen hatch.<br>All runners and spectators must always have a face mask with them worn when in contact with anyone outside their immediate family and friends.                                                                                                |                                                        |   |   |
| B13       | Spectators                         | Spread of Covid-19 infection between spectators and runners, volunteers, and officials. Inadequate NHS Test and Trace capability.<br><br><i>RFWCI = contract COVID-19</i> | 50 spectators, 145 runners over 12 to 28 hours                     | Restrictions are lifted however race guidance to spectators will be to avoid unnecessary contact with anyone other than their runner and family/friends in attendance.<br>Track and Trace QR codes will be at the start and finish. QR Codes already printed. All runners and spectators must always have a face mask with them worn when in contact with anyone outside their immediate family and friends. | 1                                                      | 2 | 2 |
| B14       | Changes to official guidance       | Covid-19 infection that would be avoided if the official guidance had been followed.<br><br><i>RFWCI = contract COVID-19</i>                                              | 50 spectators, 145 runners over 12 to 28 hours                     | Ensure that all applicable official Covid-19 guidance is reviewed before the event. All runners and spectators must always have a face mask with them worn when in contact with anyone outside their immediate family and friends.                                                                                                                                                                           | 1                                                      | 2 | 2 |