

TRAIL RUNNING ASSOCIATION
Fourteenth RIDGEWAY CHALLENGE 86 Miles 26/27 August 2017
UK Ultra Distance Trail Running Championships



www.ridgewaychallenge.com racedirector@ridgewaychallenge.com

(Held in accordance with UK Athletics Rules of Competition, permit applied for.)

ENTRY FORM	
(ensure the disclaimer is also signed on page 2)	
Name	First Name Family Name
Address	
Mobile Number (used on the day)	
Email address (please write clearly)	
Running Club (if any)	
English Athletics registration No. (if known)	
TRA membership number (if any)	
Male/female	M F circle as appropriate
Date of birth	dd mm yyyy
Name of Emergency Contact. Unsupported runners will only be allowed to start if they nominate a contact. Cannot be another runner.	Name Relationship
Telephone Number of Emergency Contact.	Telephone Number
Name and mobile number of support team leader (if applicable).	Name Number
Name and approximate date of an event of at least marathon distance completed by the entrant since 1 st January 2016 (qualifying event)*	
Select Start Time: 10:00 for Runners expecting to take more than 24 hours, total time allowed 28 hours. 12:00 for Runners expecting to take less than 24, total time allowed 26 hours.	10:00 12:00 Please circle as appropriate. Only runners starting at 12:00 will be eligible for 1 st , 2 nd and 3 rd places in the UK Ultra Distance Trail Running Championships.
I am aiming for less than: 14 hours 30 minutes (Male) or 17 hours 10 minutes (Female).	Yes No
T-Shirt Size	S M L XL
Official use only	Qualify Paid Signed ICE

***To qualify for entry you must have completed at least a marathon distance event since January 2016.** Note: Any applicant not conforming to this rule will be placed on the reserve list until such a time as they inform the race director of at least a completed marathon distance event.

Refunds at 80% will be made up to the 25th of May. No refunds after this time. Places can be swapped for free anytime up to, and including, the 4th August 2017.

To swap places use this paper application and mark the form "Swap place with" and the name of the existing entrant. If the new entrant is not affiliated, but the original entrant was, ensure a cheque is issued for £2 in line with UK Athletics rules. No swapped places or changes to start times past the 4th August 2017 - no exceptions.

Entries between:	17th September 2016 to 25th May 2017 (Early-bird discount)	26th May 2017 to 4th August 2017 (Standard price)
**Affiliated	£58	£68
Unaffiliated	£60	£70

**Affiliated members are either members of the TRA or registered with English Athletics. This entry fee *includes* the £2 reduction from the entry fee in accordance with the UK Athletics Rules of Competition.

Cheques should be payable in favour of **Trail Running Association** and should be sent with the completed entry form to: Tim Mitchell, Race Director
C/O 20 Dowlais Close,
Swindon, SN25 2DJ

DISCLAIMER

All entrants should sign this form to indicate their acceptance of the disclaimer as set out below and have read and understood information on the www.ridgewaychallenge.com website.

I understand that Ridgeway Challenge is predominantly off- road and stiles may be slippery or damaged and that underfoot conditions may well be difficult. This is an overnight event and, in poor conditions, entrants may suffer from exposure. I am aware that these constitute real hazards made more risky by the first aid cover being very limited. By signing below I declare that neither I nor my next of kin will hold Trail Running Association (TRA), their helpers and associates in any way responsible for any illness, accident, injury or loss incurred by me and/or my supporters as a result of my participation in this event.

Signed Date / /

DATA PROTECTION

For operational and safety reasons TRA intends to hold personal information on computer. It is a pre-condition of entry that you agree to information being held by this means and your signature on this form will be taken as notification of your agreement. By entering you accept that your name will be included when entry lists and the results of the event are published. This may include photos of you being used for electronic and print media purposes in relation to the event.